# Friday Folder

October 7, 2022

# Peace, Passion, Purpose

The earth is the mother of all people, and all people should have equal rights upon it. Chief Joseph

Children learn from what they see. We need to set an example of truth and action. **Howard Rainer, Taos Pueblo-Creek** 

#### **Notes from Michelle**

Happy Friday!

All of the classrooms either have or will, send out a Sign Up for observations and conferences. Please note- In Person Observations have a 10 minute limit and must be promptly attended. If you arrive late for your time, you will not be able to stay beyond the scheduled time. Also, remember that you must wear a properly fitted mask at all times during the observation. We are excited to be able to offer this to parents. We appreciate your understanding and agreement to these guidelines in order to participate in the observation time. These observations can also help to provide a snapshot of your child's day so that when you have your Parent Teacher Partnership meeting, there is more context for the conversation.

Also-please remember that we do expect for all parents to sign up for a time to meet with your child's teachers. These meetings are for 15 minutes and again, the teachers have a tight schedule to fit in every family. We appreciate your promptness. If you find that you will be more than 3-5 minutes late, please reach out to your child's teacher to reschedule.

In case you have not seen the flyers, there will be an on campus family event on Saturday, October 22 from 2pm-4pm! We look forward to seeing you there.

The enrollment process for the 2023-2024 school year has begun. We are holding all of our Prospective Parent Meetings live this year. If you know families who are interested, please share the link to the flyer with them: <a href="FLYER FOR ENROLLMENT SPANISH">FLYER FOR ENROLLMENT SPANISH</a>

Remember we will be celebrating **Indigenous Peoples Day** on Monday, October 10th and there will not be school. See the PICTURE below which is linked to a page with ideas on how to celebrate.

Also, for those of you who might have missed it, we have included a Land Acknowledgement for the Land which Eagle Peak occupies. Land acknowledgements are meant to remind us that the land we live, and work on were once the land of indigenous peoples.

Have a great weekend. Michelle



# Eagle Peak Montessori's Land Acknowledgement

Eagle Peak Montessori School acknowledges that we currently occupy land which is Ohlone land. The Ohlone people are still here and are still active. The Ohlone people are made of several tribes. The land we are on specifically is that of The Confederated Villages of Lisjan. As they say, the land did not belong to them, they created reciprocal relationships with the plants and animals they shared this space with.

These words are shared for the Boston Public Schools Land Acknowledgement:

"We acknowledge the sacred land where we work, live, learn, teach, and build community, has been a place where people have lived for over tens of thousands of years. We recognize that invaders have repeatedly violated the sovereignty, territory, and water of the original inhabitants of the land for over 400 years. We extend our respect to the citizens of these Nations who live here today, and their ancestors and all indigeneous people. We also affirm that this acknowledgment is insufficient. It does not undo the harm that has been done and continues to be perpetuated against indigenous people, their land and water. We also acknowledge they are still here."

On Indigenous Peoples Day of 2021, the City of Albany recognized the local tribe and celebrated the raising of the Confederated Villages of Lisjan flag at City Hall. The event was a part of passing the Rematriation Resolution and a larger commitment to recognizing the Villages of Lisjan and local Indigenous histories, shifting city signage to accurately represent original people, shifting school curriculums, opening access to land, and working towards reconciling harm.

I encourage you to know the current activities of Indigenous People where you live and to bring books and acknowledgement into your classrooms that discuss more than history but bring to life the current culture of the people's whose land we are on.

# **September 15 - October 15 HISPANIC HERITAGE MONTH**

# Links for recognizing Hispanic Heritage Month

https://www.pbs.org/parents/thrive/11-picture-books-that-celebrate-hispanic-heritage



# Young Adult Books for Hispanic Heritage Month

https://coolmompicks.com/blog/2022/09/15/childrens-and-ya-books-for-hispanic-heritage-month/



#### DRESS CODE REMINDERS

#### **General Guidelines**

In Montessori classrooms, even in preprimary (ages 3-6), we call the activities in a classroom that students interact with "work" or "jobs". In order to create an environment that respects the classrooms as workspace, both students and teachers are asked to dress in a manner appropriate for a workplace. Clothing should be comfortable and allow students and teachers to work on both the

floor and at desks without being too restrictive or too loose. The following are the expectations for attire at school:

- T-shirts, backpacks, or lunch boxes should not include violent themes, or depictions of television, movie, cartoon, or other licensed characters. Musical groups may be allowed, so long as they do not contain violent or profane images or phrases. (Profane being defined as subject matter, which would be found in movies or songs with ratings over "G".)
- Clothing that promotes negative or offensive messages including those that are in opposition to the school's philosophy.
- Dress, accessories and jewelry which contain obscene, symbols, signs or slogans, and /or which slur or degrade on the basis of race, religion, ethnicity, gender, disability, sexual orientation, or gender identity and impose a threat of imminent violence or disruption to the orderly operation of the school shall not be worn.
- Dress that contains language or symbols supporting sex, drugs, alcohol, tobacco or weapons shall not be worn.
- Clothing should be comfortable, washable, and suitable for the weather conditions and school activities.
- Pants, shorts, and skirts must reach the mid-thigh of the wearer.
- Clothing should not allow for undergarments to be visible. (Ex: shoulder straps should be at least
  two fingers in width, shirts should not have openings on the side that extend past the armpit,
  shirts and tops should cover the waist, shirts should not be racer back or leave openings where
  undergarments show)
- Clothing that is very loose or long may cause children to trip, especially during games, dancing, and physical education.
- Headbands should not be more than 1 inch in height. (This is in regards to headbands that have cat ear shapes or unicorn horns on top.)
- Shoes should not cause a disruption in the classroom and also be comfortable and safe for sports, gardening, and walking excursions, no flip flops(for elementary children), no 'light up" shoes, "heelies" or zories.

# **Fingerprinting Process**

If you have not been fingerprinted by MDUSD, you will need to be in order to volunteer on our campus and/or participate in field trips. Please go to the MDUSD.org website, Search for VOLUNTEER INSTRUCTIONS. You will find instructions for getting fingerprinted. You will need a current TB Test (bring that with you when getting fingerprinted).

# **Annual Giving Update**

Dear Eagle Peak Friends and Families,

Instead of having a donation amount goal, we have a goal of 100% participation! This aligns with our motto: "Every child matters. Every donation counts." We have a suggested donation of \$2223 to celebrate the year, but we appreciate any amount that your family can afford to donate!

Please visit the link to donate today:

https://www.cfep.us/donate-annual-giving/

Annual Giving Funds Pledged as of today: \$41,566 % Participation of families: 8%

In gratitude, The Community Foundation for Eagle Peak

# **Pre-Order Logo Gear Sales from CFEP**

BRAND NEW Logo Gear - Pre Order Today!

CFEP is excited to launch our BRAND NEW logo gear! We will only be preordering this year, so make sure you grab what you want while you can! We have some exciting new styles, and a brand new trendy bucket hat. Link to our store: <a href="https://tinyurl.com/2wvk753m">https://tinyurl.com/2wvk753m</a>



Basic Tee - \$20 Fitted Tee - \$20 Long Sleeve tee - \$30 Bucket Hat - \$30 Hooded Sweatshirt - \$40

The ordering cut off is October 7th, so make sure you get your order in today!!



# CFEP PRE-UNDER LOGO GEAR







**BASIC T-SHIRT** YS-4XL \$20



FITTED V-NECK **ADULT S-3XL** \$20



LONG SLEEVE (WHITE) YS-3XL \$30



**BUCKET HAT** ONE SIZE \$30

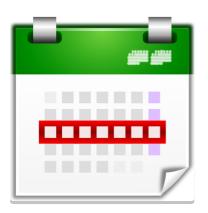


HOODED SWTSHRT (BLUE) YS-3XL \$40

# SAVE THE DATE! - Family Fall Bingo!

SAVE THE DATE! - Family Fall Bingo! Saturday, October 22nd, 2-4pm

Last year, we enjoyed an <u>adult</u> night of bingo... so we thought we would bring it back for the <u>KIDS</u> this Fall! We are planning a campus event (our first since lockdown!) focused on fun, family, and community. Tickets will be \$5/child and will include: One bingo card, one Italian Soda, and a goodie bag. Tickets can be purchased <u>HERE</u>. More details to follow!



#### THIS WEEK AT EPMS

**REGULAR SCHOOL HOURS START:** 

- Elementary Gr 1-6: 8:30am-3:00pm (Gate closes at 8:30am and opens at 3:00pm)
- Adolescent Program Gr 7&8: 8:30am-3:15pm
- Wednesdays and other Early Dismissal Days- 1:15pm

Monday, October 10, 2022 is Indigenous People Day - No School

Wednesday, October 12, 2022 is Picture Retakes.

\*\* Picture Retakes - Wednesday, October 12, 2022 \*\*



FF Lifetouch Retakes.pdf



# Friday Gathering

6th Grade Gathering Leaders: Rebecca Darnell and Mael Dubard

5th Grade Quotes - Global Citizenship

Danielle Lindquist – "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." – Margaret Mead



Oliver Cutting - "I am not an Athenian or a Greek, but a citizen of the world." Socrates

Alison Oneda – "I alone cannot change the world, but I can cast a stone across the waters to create many ripples." – Mother Teresa



#### Lunch

There is an option for food to be available on campus for our students if requested. Please complete this **form no later than Tuesday, October 11th by 7am**, if you would like for your child to receive these options:

Breakfast-Belvita Breakfast Bar/Horizons Milk

<u>Lunch</u>-"make your own" sunbutter/jelly whole wheat bread sandwich with applesauce and Horizons Milk

**LUNCH FORM** 

# News from Mr. Jonathan our Art Teacher

Mr. Jonathan is looking for donations of Crayola White Air Dry clay.

I want to encourage everyone to visit the Art Cottage at 2238 Mt. Diablo Street in Concord. The gallery is completely free and for all ages. It's an amazing opportunity to explore the different art mediums and events.



#### PLEASE CHECK THE LOST AND FOUND RACK

Please check the Lost and Found rack.

It is bursting at the seams!

Help us please.





#### News from the Office

Please remember to notify the office when your child will be absent, late or leaving early.

You can call - 925-946-0994

If your child is out for 2 or more days, please request an Independent Study package. Please email both the teachers and Miss Amy (<a href="mailto:anelson@eaglepeakmontessori.org">anelson@eaglepeakmontessori.org</a>) with your request.

If you plan on doing any volunteering on our campus, the office requires a copy of your COVID vaccination card (along with proof of your MDUSD fingerprinting and TB tests).

Please remember to send your student to school with their water bottle.

\*\* Dine & Donate \* Wednesday, October 12th \*\*

Starbird Dine & Donate is coming Wednesday, October 12, 2022.



# STARBIRD FUNDRAISER

20% of purchases made with this card will go to

**CFEP** 

10/12/2022

Organization

Date

Please present a printed or virtual copy of this card with your purchase

Starbird Walnut Creek 2849 Ygnacio Valley Road Walnut Creek, CA 94598





# Starbird x CFEP Fundraiser

Thank you to the CFEP community for visiting Starbird in Walnut Creek. Please find fundraiser details below!

Where: Starbird Chicken in Walnut Creek, CA 2849 Ygnacio Valley Road, Walnut Creek, CA 94598

When: Wednesday, October 12th 10:30am-10pm

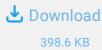
Ordering Details: 20% of sales on Wednesday, October 12th will be donated to CFEP.

Orders can be placed on <u>StarbirdChicken.com</u> or via the Starbird Chicken App (available on iOS and Android). Guests are required to provide an email address. Offer good for pickup and delivery, no order minimum and any menu item eligible for donation. This fundraiser does not apply to third party delivery apps or in-store kiosk orders.

Use code **CFEP** at checkout and 20% of your purchase will be donated to CFEP. Note: if code is not used, donation will not be applied.

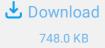


Starbird Fundraiser 1.pdf





Starbird Fundraiser 2.pdf



# **Social Media Support for CFEP**

**Social Media Support!** 

<u>Did you know that CFEP has social media pages???</u> We are ramping up our social media presence for both Eagle Peak and CFEP, <u>so please make sure you like our pages and follow our posts. If you see one of our posts, please make sure you like, comment, or tag a fellow parent!</u> These are all great ways to support the school and it costs NOTHING!!

CFEP Facebook
CFEP Instagram

Eagle Peak Instagram

# **Volunteer Opportunities**

WE ARE IN NEED OF MORE HELPING HANDS IN OUR SCHOOL'S PARKING LOT. WE HAVE A STOP SIGN THAT NEEDS HOLDING AND WOULD APPRECIATE VOLUNTEERS TO HELP CARS PARK AND BACKOUT SAFELY DURING DISMISSAL TIME TOO. PLEASE CONSIDER SIGNING UP TO TAKE JUST ONE SHIFT A WEEK. IT'S A QUICK AND EASY



WAY TO EARN THOSE MUCH-NEEDED VOLUNTEER HOURS. MOST SHIFTS ONLY TAKE ABOUT 20 MINUTES OF YOUR TIME.

PARKING LOT PERK, EP COUNTS EVERY SHIFT WORKED IN THE PARKING LOT AS 30 MINUTES OF VOLUNTEER HOURS. IT'S A WIN-WIN AND A FUN WAY TO GET TO KNOW OUR EAGLE PEAK FAMILIES. PLEASE CONTACT JEN SLATTENGREN TO SIGN UP OR FOR MORE INFO.

jenslattengren@gmail.com

#### **Students Sent Home Sick**

Please help us help you. We ask that you speak to your child about coming to the office for being ill. While we want anyone who is feeling ill to let us know, we want to also help the students be able to know when a stomach ache might just be a bit of homesickness instead. We are not medical professionals and as such must err on the side of caution. Every time a child comes to the office and says that they have any of the potential symptoms of covid, they must be picked up within 30 minutes and be tested for covid. Thank you for your cooperation.



# Don't forget about Box Top\$ for Education!

Remember to gather your Box Tops for Education.

HERE'S HOW IT WORKS: Buy participating products and use the Box Tops mobile app to scan your store receipt within 14 days of purchase. The app identifies eligible products and automatically adds Box Tops to Eagle Peak's earnings online. Even if you're shopping online or doing grocery pickup, you can still submit your ereceipts and earn Box Tops. Your earnings may seem small, but they really do add up. The more people that participate, the bigger the impact we can make. Learn more about how Box Tops works at BTFE.com.

### Waste Free Wednesdays

On Wednesdays we encourage students to bring little to no waste such as wrappers or anything that goes into the trash bin. Instead we encourage you to bring reusable, recyclable and compostable



# REMINDERS FROM COMMUNITY FOUNDATION FOR **EAGLE PEAK (CLICK HERE TO DONATE)**

# **ALL THE WAYS YOU CAN GIVE!**



SUBSCRIPTIONS AVAILABLE CREDIT OR PAYPAL











ANNUAL AUCTION ATTEND OR DONATE ITEMS





amazonsmile

You shop. Amazon gives.

# Eagle Peak Montessori School



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- eaglepeakmontessori.org

