

# Friday Folder

*August 19, 2022*

## **Peace, Passion, Purpose**

"We shall walk together on this path of life, for all things are part of the universe and are connected with each other to form one whole unity." –Dr. Maria Montessori, *To Educate the Human Potential*

## **Notes from Michelle**

*Thank you to all of our students, families, and staff for a fabulous start back for the year. First, having live orientation (even if the little theater was about 100 deg. ) was just so nice! Being able to interact and connect in person again felt right! The students are back in routine and helping the new students to learn the routine. It has felt really good on campus this week and it takes all of us to make it feel that way- Thank You.*

*A reminder- please read the Student/Parent Handbook. It is on your homepage in the Transparent Classroom! There are a few changes this year and all of the contact information you will need is there as well. Need a teacher email? Need to figure out what PTLG means? It is all in the handbook.*

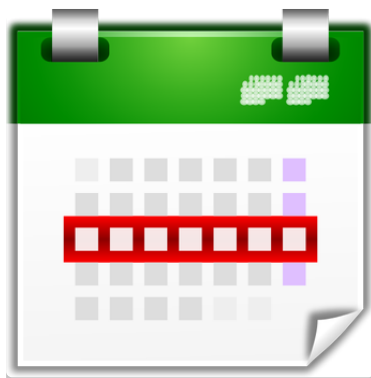
*Please make sure to scroll all the way through this newsletter, as there are many events and so much information for you to see. If you have any questions about information in the Friday Folder, please email the office for help. [admin@eaglepeakmontessori.org](mailto:admin@eaglepeakmontessori.org).*

*Have a wonderful weekend!*

*Be well,*

*Michelle*

**August Is.....**



## THIS WEEK AT EPMS

### EAGLE PEAK MONTESSORI SCHOOL

August 24, 2022- Wednesday 1:15 Dismissal

#### REGULAR SCHOOL HOURS START:

- Elementary Gr 1-6: 8:30am-3:00pm (Gate closes at 8:30am and opens at 3:00pm)
- Adolescent Program Gr 7&8: 8:30am-3:15pm
- Wednesdays and other Early Dismissal Days- 1:15pm

## DRESS CODE REMINDERS

### General Guidelines

In Montessori classrooms, even in preprimary (ages 3-6), we call the activities in a classroom that students interact with “work” or “jobs”. In order to create an environment that respects the classrooms as workspace, both students and teachers are asked to dress in a manner appropriate for a workplace. Clothing should be comfortable and allow students and teachers to work on both the floor and at desks without being too restrictive or too loose. The following are the expectations for attire at school:

- T-shirts, backpacks, or lunch boxes should not include violent themes, or depictions of television, movie, cartoon, or other licensed characters. Musical groups may be allowed, so long as they do not contain violent or profane images or phrases. (Profane being defined as subject matter, which would be found in movies or songs with ratings over “G”.)
- Clothing that promotes negative or offensive messages including those that are in opposition to the school’s philosophy.
- Dress, accessories and jewelry which contain obscene, symbols, signs or slogans, and /or which slur or degrade on the basis of race, religion, ethnicity, gender, disability, sexual orientation, or gender identity and impose a threat of imminent violence or disruption to the orderly operation of the school shall not be worn.

- Dress that contains language or symbols supporting sex, drugs, alcohol, tobacco or weapons shall not be worn.
- Clothing should be comfortable, washable, and suitable for the weather conditions and school activities.
- Pants, shorts, and skirts must reach the mid-thigh of the wearer.
- Clothing should not allow for undergarments to be visible. (Ex: shoulder straps should be at least two fingers in width, shirts should not have openings on the side that extend past the armpit, shirts and tops should cover the waist, shirts should not be racer back or leave openings where undergarments show)
- Clothing that is very loose or long may cause children to trip, especially during games, dancing, and physical education.
- Headbands should not be more than 1 inch in height. (This is in regards to headbands that have cat ear shapes or unicorn horns on top.)
- Shoes should not cause a disruption in the classroom and also be comfortable and safe for sports, gardening, and walking excursions, no flip flops (for elementary children), no 'light up' shoes, "heelies" or zories.



## Parent Teacher Leadership Group (PTLG) Announces: Back to School Picnic

WHEN: SEPTEMBER 9- FRIDAY 6pm-8pm

WHERE: ARBOLADO PARK

BRING:

- Food and Beverages for your family
- Blankets/chairs
- Fun, perhaps a game, and eagerness to meet new people

### FROM PARENT TEACHER LEADERSHIP GROUP (PTLG)

The Parent Teacher Leadership Group is very excited to support parents in connecting with the school community and to offer parent education opportunities. We will be meeting monthly, alternating between in-person at the school and on Zoom. Our first meeting will be on Thursday September 15th at 7 pm in person at the school. We will be practicing mindfulness and agreements for multicultural interactions, with small groups sharing about how our kids are doing with the start of school. We'll use these discussions as an easy way to practice the school's parent agreement of starting all encounters with positive intent and continuing with respect and kindness. We will also go over different ways parents can volunteer to fulfill the commitment to support the school through 40 hours of volunteering.

The PTLG is also excited to offer a Back-to-School picnic at Arbolado Park on Friday September 9th at 6 PM. We will have signs for all the classrooms, so that families in each classroom can meet and get an opportunity to play. Consider bringing a ball or other outdoor game that your kid(s) enjoy. Either bring your own dinner or eat before and just come to play and connect. Stop by the PTLG table for name tags and to sign up for school volunteering opportunities.

We are looking for volunteers to organize a Stargazing event and to coordinate the Auction. Please contact Rachel and Abe, co-leads at [ptlg@eaglepeakmontessori.org](mailto:ptlg@eaglepeakmontessori.org).

## YOGA

We are happy to announce that Yoga is coming back to EPMS on Tuesdays.

Please review the attached registration if you are interested. Payments should be mailed to Miss Suzette.



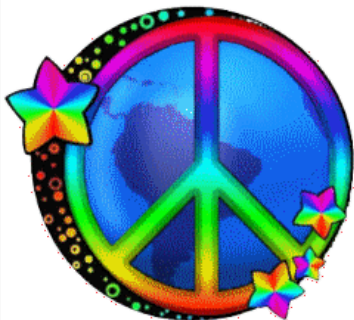
YogaSessionI Sept 6-27.pdf

[Download](#)

242.0 KB

## News and Fundraisers from CFEP

Hey EPMS Parents! We are starting something new, and we hope you can join us! The CFEP is having a mixer, where you can meet parents and learn about all the fundraising/events we are working on for this year! Come join us at **Calicraft Brewing on September 7th, from 6-8pm**. This is a very casual event, but we are planning to have a raffle and some things to snack on. Calicraft is at 2700 Mitchell Dr, Walnut Creek, CA 94598



### News from the Office

With the weather changing, please remember to send your child with their water bottles, sunscreen and a hat.

**PLEASE REMEMBER TO PUT YOUR CHILD'S NAME ON THEIR CLOTHES.**

**WE ALREADY HAVE A SHIRT ON THE LOST AND FOUND RACKS.**

## Lunch

There is an option for food to be available on campus for our students if requested. Please complete this [form](#) if you would like for your child to receive these options:

Breakfast- Belvita Breakfast Bar/Horizons Milk

Lunch-"make your own" sunbutter/jelly whole wheat bread sandwich with applesauce and Horizons Milk

LUNCH FORM



## Logo Gear Sales from CFEP

### LOGO GEAR SALES STILL ON!

Thank you so much for your enthusiastic support of our logo gear sales! We will be still taking orders through the [WEBSITE](#) throughout the year, for pick up in the office. From now on, when you order, you will receive a date that you can pick up in the office when they are ready.



You can order anything, including our brand new VERY comfortable branded masks. We will be wearing masks on campus all the way through 2022, so it's a great way to support our school and stay safe on campus! Our branded masks have a metal nose bridge, a pocket for an optional filter, adjustable ear loops, and are machine washable (hang dry).

### Mask Pricing

**Kid mask: \$8 each, 2 for \$15**

**Adult mask: \$12 each, 2 for \$20**

**2 kid, 2 adult mask bundle: \$30**

If you have any questions, email Laura Desautels at [laura@cfep.us](mailto:laura@cfep.us) or Megan Daoudi at [megan@cfep.us](mailto:megan@cfep.us). Thank you so much for your support!!

## Social Media Support for CFEP

### Social Media Support!

**Did you know that CFEP has social media pages???** We are ramping up our social media presence for both Eagle Peak and CFEP, so please make sure you like our pages and follow our posts. If you see one of our posts, please make sure you like, comment, or tag a fellow parent! These are all great ways to support the school and it costs NOTHING!!

Follow the links below to find our pages easily:

[CFEP Facebook](#)

[CFEP Instagram](#)

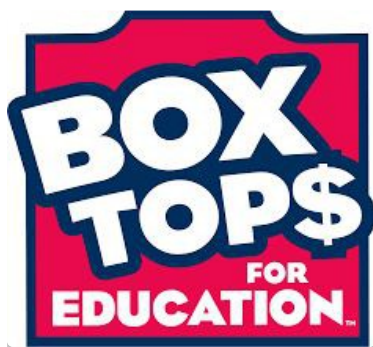
[Eagle Peak Facebook](#)

[Eagle Peak Instagram](#)

## Students Sent Home Sick

Please help us help you. We ask that you speak to your child about coming to the office for being ill. While we want anyone who is feeling ill to let us know, we want to also help the students be able to know when a stomach ache might just be a bit of homesickness instead. We are not medical

professionals and as such must err on the side of caution. Every time a child comes to the office and says that they have any of the potential symptoms of covid, they must be picked up within 30 minutes and be tested for covid. Thank you for your cooperation.



## Don't forget about Box Top\$ for Education!

Remember to gather your Box Tops for Education.

HERE'S HOW IT WORKS: Buy participating products and use the Box Tops mobile app to scan your store receipt within 14 days of purchase. The app identifies eligible products and automatically adds Box Tops to Eagle Peak's earnings online. Even if you're shopping online or doing grocery pickup, you can still submit your e-receipts and earn Box Tops. Your earnings may seem small, but they really do add up. The more people that participate, the bigger the impact we can make. Learn more about how Box Tops works at [BTFE.com](http://BTFE.com).

## Waste Free Wednesdays

On Wednesdays we encourage students to bring little to no waste such as wrappers or anything that goes in to the trash bin. Instead we encourage you to bring reusable, recyclable and compostable containers. Participating in waste free Wednesday will ensure our school is a cleaner place.



**REMINDERS FROM COMMUNITY FOUNDATION FOR  
EAGLE PEAK (CLICK HERE TO DONATE)**

# ALL THE WAYS YOU CAN GIVE!



SUBSCRIPTIONS AVAILABLE  
CREDIT OR PAYPAL



ANNUAL AUCTION  
ATTEND OR DONATE ITEMS



SHOP IN THE APP  
OR SMILE.AMAZON.COM



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