

Friday Folder

September 30, 2022

Peace, Passion, Purpose

We cannot seek achievement for ourselves and forget about progress and prosperity for our community... Our ambitions must be broad enough to include the aspirations and needs of others, for their sakes and for our own.

[Cesar Chavez](#)

Notes from Michelle

Dear EPMS Families,

We apologize for the lack of a Friday Folder last week. We have discovered that it is one of the downsides of depending on a website. We will work to ensure that there is a way to send out the news you need to have each week.

We had our first field trip in almost three years, today! The 7th and 8th grade students went to Cal Shakes today and were able to experience an updated version of King Lear. We also had our first volunteers on campus this week in over two years. For the first time in two years, we are also looking forward to live, classroom observations by parents in preparation for the Parent Partnership Meetings. Teachers will be preparing these sign ups soon. ALL partnership meetings will remain on zoom however. We are excited to see these experiences return to campus!

Be well and have a great weekend.

Michelle

September 15 - October 15 HISPANIC HERITAGE MONTH

Links for recognizing Hispanic Heritage Month

<https://www.pbs.org/parents/thrive/11-picture-books-that-celebrate-hispanic-heritage>



Young Adult Books for Hispanic Heritage Month

<https://coolmompicks.com/blog/2022/09/15/childrens-and-ya-books-for-hispanic-heritage-month/>



Fingerprinting Process

If you have not been fingerprinted by MDUSD, you will need to be in order to volunteer on our campus and/or participate in field trips. Please go to the MDUSD.org website, Search for VOLUNTEER INSTRUCTIONS. You will find instructions for getting fingerprinted. You will need a current TB Test (bring that with you when getting fingerprinted).

Annual Giving Update

Dear Eagle Peak Friends and Families,

Instead of having a donation amount goal, we have a goal of 100% participation! This aligns with our motto: "Every child matters. Every donation counts." We have a suggested donation of \$2223 to celebrate the year, but we appreciate any amount that your family can afford to donate!

Please visit the link to donate today:

<https://www.cfep.us/donate-annual-giving/>

Annual Giving Funds Pledged as of today: \$39,277

% Participation of families: 7.5%

In gratitude,
The Community Foundation for Eagle Peak

News and Fundraisers from CFEP

Wish you could "skip the line" at pickup time? Think of all the time you'd save waiting for a parking space if you had one saved for you with your name on it! Starting TODAY, you will have the opportunity to bid silent-auction style on a prime parking space reserved just for you for the rest of the school year! This space is right by the crosswalk and so convenient for pick-up and drop-off. Here is the link to start your bidding: <https://tinyurl.com/329f87t3>

Please note: Bids start at \$250 dollars and go in \$50 increments. Parking space is reserved for the remainder of the school year (October 1st to mid-June). Please note that NO REFUNDS will be given in the event of any school closures. Biddings ends at 8 pm (PST) on Friday, September 30. In the event that all available slots are filled prior to the end of the auction, more slots will be added. Winner will be contacted by email; please do not enter any payment information into this bid sheet. Filling out a bid slot constitutes agreement with the above terms. Contact Laura at laura@cfep.us with any questions. Good luck!

THIS WEEK AT EPMS

REGULAR SCHOOL HOURS START:

- Elementary Gr 1-6: 8:30am-3:00pm (Gate closes at 8:30am and opens at 3:00pm)
- Adolescent Program Gr 7&8: 8:30am-3:15pm
- Wednesdays and other Early Dismissal Days- 1:15pm



Monday, October 10, 2022 is Indigenous People Day - No School



****Drop Off/Pick Up Information ****

- The AP students get out of school at 3:15p. They are released to wait outside the school (unless they go to Homework Club or Childcare)
- The gate for LE/UE opens at 3:00p and closes at 3:15p, if you need to walk through the office (or any building on the EPMS campus) at any time, you need to wear a mask. Your cooperation is appreciated.

Friday Gathering

6th Grade Gathering Leaders: Rebecca Darnell and Mael Dubard

5th Grade Quotes – Global Citizenship

Danielle Lindquist – “Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.” – Margaret Mead

Oliver Cutting - “I am not an Athenian or a Greek, but a citizen of the world.” Socrates

Alison Oneda – “I alone cannot change the world, but I can cast a stone across the waters to create many ripples.” – Mother Teresa



October Childcare

Please download and print the October Childcare form. This is the last opportunity to special pricing package.



FF October 22 Childcare.pdf

[Download](#)

482.9 KB

Lunch

There is an option for food to be available on campus for our students if requested. Please complete this [form no later than Monday, October 3rd by 7am](#), if you would like for your child to receive these options:



Breakfast- Belvita Breakfast Bar/Horizons Milk

Lunch- "make your own" sunbutter/jelly whole wheat bread sandwich with applesauce and Horizons Milk

[LUNCH FORM](#)



News from Mr. Jonathan our Art Teacher

Hi everyone I want to encourage everyone to visit the Art Cottage at 2238 Mt. Diablo Street in Concord. The gallery is completely free and for all ages. It's an amazing opportunity to explore the different art mediums and events.

News from the Office

You can email - ADMIN@EAGLEPEAKMONTESSORI.ORG

or

You can call - 925-946-0994

If you plan on doing any volunteering on our campus, the office requires a copy of your COVID vaccination card (along with proof of your MDUSD fingerprinting and TB tests).



 PRE-ORDER LOGO GEAR [HERE](#) 

 BASIC T-SHIRT YS-4XL \$20	 FITTED V-NECK ADULT S-3XL \$20	
 LONG SLEEVE (WHITE) YS-3XL \$30	 BUCKET HAT ONE SIZE \$30	 HOODED SWEATSHIRT (BLUE) YS-3XL \$40

Pre-Order Logo Gear Sales from CFEP **LAST DAY TO ORDER**

BRAND NEW Logo Gear - Pre Order Today!

**** LAST DAY TO ORDER ****

CFEP is excited to launch our BRAND NEW logo gear! We will only be pre-ordering this year, so make sure you grab what you want while you can! We have some exciting new styles, and a brand new trendy bucket hat. Link to our store: <https://tinyurl.com/2wvk753m>

- Basic Tee - \$20
- Fitted Tee - \$20
- Long Sleeve tee - \$30
- Bucket Hat - \$30
- Hooded Sweatshirt - \$40

The ordering cut off is September 30th, so make sure you get your order in today!!



CFEP

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LOGO GEAR**



BASIC T-SHIRT
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FITTED V-NECK
ADULT S-3XL
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LONG SLEEVE (WHITE)
YS-3XL
\$30



BUCKET HAT
ONE SIZE
\$30



HOODED SWEATSHIRT (BLUE)
YS-3XL
\$40

Upcoming Dine & Donate

Starbird Dine & Donate is coming Wednesday, October 12, 2022.



Starbird

STARBIRD FUNDRAISER

20% of purchases made
with this card will go to

CFEP

Organization

10/12/2022

Date

Please present a printed or virtual
copy of this card with your purchase

Starbird Walnut Creek
2849 Ygnacio Valley Road
Walnut Creek, CA 94598



Starbird x CFEP Fundraiser

**Thank you to the CFEP community for visiting
Starbird in Walnut Creek.
Please find fundraiser details below!**

Where: Starbird Chicken in Walnut Creek, CA
2849 Ygnacio Valley Road, Walnut Creek, CA 94598

When: Wednesday, October 12th 10:30am-10pm

Ordering Details: 20% of sales on Wednesday, October 12th will be donated to CFEP.

Orders can be placed on StarbirdChicken.com or via the Starbird Chicken App (available on iOS and Android). Guests are required to provide an email address. Offer good for pickup and delivery, no order minimum and any menu item eligible for donation. This fundraiser does not apply to third party delivery apps or in-store kiosk orders.

Use code **CFEP** at checkout and 20% of your purchase will be donated to CFEP. Note: if code is not used, donation will not be applied.



Starbird Fundraiser 1.pdf

[Download](#)

398.6 KB



Starbird Fundraiser 2.pdf

[Download](#)

748.0 KB

Social Media Support for CFEP

Social Media Support!

Did you know that CFEP has social media pages??? We are ramping up our social media presence for both Eagle Peak and CFEP, so please make sure you like our pages and follow our posts. If you see one of our posts, please make sure you like, comment, or tag a fellow parent! These are all great ways to support the school and it costs NOTHING!!

Follow the links below to find our pages easily:

[CFEP Facebook](#)
[CFEP Instagram](#)

[Eagle Peak Facebook](#)
[Eagle Peak Instagram](#)

Volunteer Opportunities

WE ARE IN NEED OF MORE HELPING HANDS IN OUR SCHOOL'S PARKING LOT. WE HAVE A STOP SIGN THAT NEEDS HOLDING AND WOULD APPRECIATE VOLUNTEERS TO HELP CARS PARK AND BACKOUT SAFELY DURING DISMISSAL TIME TOO. PLEASE CONSIDER SIGNING UP TO TAKE JUST ONE SHIFT A WEEK. IT'S A QUICK AND EASY WAY TO EARN THOSE MUCH-NEEDED VOLUNTEER HOURS. MOST SHIFTS ONLY TAKE ABOUT 20 MINUTES OF YOUR TIME.

PARKING LOT PERK, EP COUNTS EVERY SHIFT WORKED IN THE PARKING LOT AS 30 MINUTES OF VOLUNTEER HOURS. IT'S A WIN-WIN AND A FUN WAY TO GET TO KNOW OUR EAGLE PEAK FAMILIES. PLEASE CONTACT JEN SLATTENGREN TO SIGN UP OR FOR MORE INFO.

jenslattengren@gmail.com



Students Sent Home Sick

Please help us help you. We ask that you speak to your child about coming to the office for being ill. While we want anyone who is feeling ill to let us know, we want to also help the students be able to know when a stomach ache might just be a bit of homesickness instead. We are not medical professionals and as such must err on the side of caution. Every time a child comes to the office and says that they have any of the potential symptoms of covid, they must be picked up within 30 minutes and be tested for covid. Thank you for your cooperation.

DRESS CODE REMINDERS

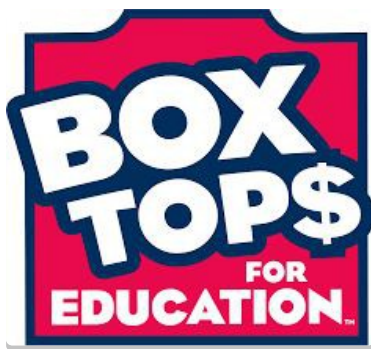
General Guidelines

In Montessori classrooms, even in preprimary (ages 3-6), we call the activities in a classroom that students interact with "work" or "jobs". In order to create an environment that respects the classrooms as workspace, both students and teachers are asked to dress in a manner appropriate for a workplace. Clothing should be comfortable and allow students and teachers to work on both the floor and at desks without being too restrictive or too loose. The following are the expectations for attire at school:

- T-shirts, backpacks, or lunch boxes should not include violent themes, or depictions of television, movie, cartoon, or other licensed characters. Musical groups may be allowed, so long as they do not contain violent or profane images or phrases. (Profane being defined as subject matter, which would be found in movies or songs with ratings over "G".)
- Clothing that promotes negative or offensive messages including those that are in opposition to the school's philosophy.
- Dress, accessories and jewelry which contain obscene, symbols, signs or slogans, and /or which slur or degrade on the basis of race, religion, ethnicity, gender, disability, sexual orientation, or

gender identity and impose a threat of imminent violence or disruption to the orderly operation of the school shall not be worn.

- Dress that contains language or symbols supporting sex, drugs, alcohol, tobacco or weapons shall not be worn.
- Clothing should be comfortable, washable, and suitable for the weather conditions and school activities.
- Pants, shorts, and skirts must reach the mid-thigh of the wearer.
- Clothing should not allow for undergarments to be visible. (Ex: shoulder straps should be at least two fingers in width, shirts should not have openings on the side that extend past the armpit, shirts and tops should cover the waist, shirts should not be racer back or leave openings where undergarments show)
- Clothing that is very loose or long may cause children to trip, especially during games, dancing, and physical education.
- Headbands should not be more than 1 inch in height. (This is in regards to headbands that have cat ear shapes or unicorn horns on top.)
- Shoes should not cause a disruption in the classroom and also be comfortable and safe for sports, gardening, and walking excursions, no flip flops (for elementary children), no "light up" shoes, "heelies" or zories.



Don't forget about Box Top\$ for Education!

Remember to gather your Box Tops for Education.

HERE'S HOW IT WORKS: Buy participating products and use the Box Tops mobile app to scan your store receipt within 14 days of purchase. The app identifies eligible products and automatically adds Box Tops to Eagle Peak's earnings online. Even if you're shopping online or doing grocery pickup, you can still submit your e-receipts and earn Box Tops. Your earnings may seem small, but they really do add up. The more people that participate, the bigger the impact we can make. Learn more about how Box Tops works at BTFE.com.

Waste Free Wednesdays

On Wednesdays we encourage students to bring little to no waste such as wrappers or anything that goes in to the trash bin. Instead we encourage you to bring reusable, recyclable and compostable containers. Participating in waste free Wednesday will ensure our school is a cleaner place.



**REMINDERS FROM COMMUNITY FOUNDATION FOR
EAGLE PEAK (CLICK HERE TO DONATE)**

ALL THE WAYS YOU CAN GIVE!



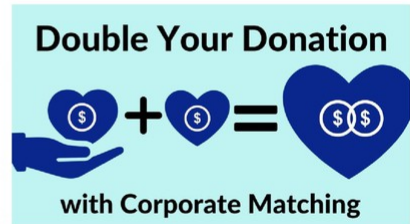
SUBSCRIPTIONS AVAILABLE
CREDIT OR PAYPAL



ANNUAL AUCTION
ATTEND OR DONATE ITEMS



SHOP IN THE APP
OR SMILE.AMAZON.COM



Eagle Peak Montessori School

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Admin@Eaglepeakmontessori...

(925)946-0994

eaglepeakmontessori.org